

Stutter-Step Models of Performance in School

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To evaluate a stutter-step model of academic performance in high school, this article adopts a unique measure of the beliefs of 12,591 high school sophomores from the Education Longitudinal Study, 2002-2006. Verbatim responses to questions on occupational plans are coded to capture specific job titles, the listing of multiple jobs, and the listing of multiple jobs with divergent characteristics. The educational requirements of detailed jobs, as specified in the Department of Labor's Occupational Information Network database, are then matched to all jobs that students list within their plans. Students with uncertain beliefs about their occupational futures are then shown to have lower levels of commitment to and performance in school. These results support the conjecture that uncertainty about the future has consequences for the short-run behavior that determines important educational outcomes, beyond the effects that are commonly attributed to existing models of performance.

Performance in high school is a strong predictor of college attendance and other lifecourse outcomes that structure inequality in the United States. The extant educational attainment literature amply demonstrates that performance is strongly predicted by family background, with effects commencing in early childhood and continuing throughout educational careers. A more recent literature shows that performance in high school, in particular, is also structured by adolescents' decisions about whether to commit to the student role and to engage with the content of their coursework, decisions that are partly but not wholly conditioned by family background.

No consensus exists in the literature on how these contingent and consequential everyday decisions should be modeled. In this article, we build the case for a "stutter-step model" of student performance in high school that has four basic

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premises: (1. high school performance is determined, to a substantial degree, by everyday decisions to commit to schooling; 2. commitment decisions are oriented to the future; 3. the beliefs that structure these forward-looking decisions may be inaccurate and uncertain; 4. as a result, the factors that structure beliefs may have autonomous effects on performance by way of everyday commitment decisions, net of family background and other fixed characteristics of individuals.

One focus of the stutter-step model is thus on the consequences of uncertainty and inaccuracy of beliefs about the future on performance in high school. Important precursors to this model exist, including models in the broad literature on engagement that emerged in the late 1980s (for a review, see [Fredericks, Blumenfeld and Paris 2004](#)), the “aligned ambitions” lifecourse model of schooling proposed by [Schneider and Stevenson \(1999\)](#), and, more recently, [Morgan’s \(2005\)](#) model of prefigurative and preparatory commitment (see also [Morgan et al. 2013](#)). This emphasis on uncertainty and inaccuracy has become increasingly prominent in recent literature in the sociology of education as well (see [Bozick et al. 2010](#); [Grodsky and Riegle-Crumb 2010](#); [Staff et al. 2010](#); [Yates et al. 2011](#)). The stutter-step model falls solidly within this broader research agenda, but moves it forward by focusing on the mechanism through which uncertainty affects performance.

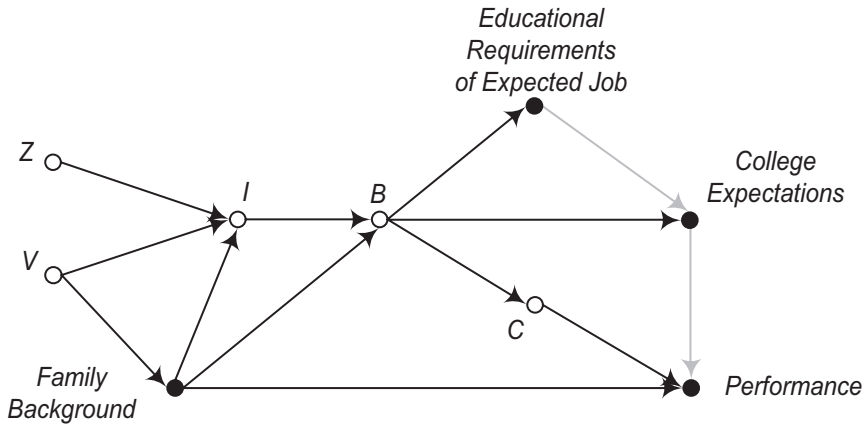
As explained in the next section, we will evaluate the tenability of the four-part stutter-step model of student performance. To do so, we employ a unique measure of the uncertainty of high school sophomores’ beliefs about the future. This measure is constructed from our own coding of the verbatim responses of 12,591 high school sophomores from the restricted-access data records of the Education Longitudinal Study (ELS), 2002–2006. We show that this new measure predicts both everyday commitment decisions and academic performance in high school.

A Causal Graph for Performance in High School

Figure 1 presents the underlying causal model that will motivate our empirical analysis, a model in the new causal graph tradition ([Pearl 2009](#)).¹ Observed variables are represented by solid nodes, ●, and unobserved variables by hollow nodes, ○. Arrows represent assumed causal effects, and no assumptions of linearity or separability are built into the model. Accordingly, causes can have nonlinear effects on outcomes, and causes can interact with each other in producing effects. In this article, the black arrows represent causal effects that we assume exist. The gray arrows represent causal effects that many other researchers assume exist and which we accordingly allow even if, as we discuss below, we are not convinced that they exist.

For the causal graph in Figure 1, *Family Background* represents the five standard measured variables for socioeconomic status (mother’s education and occupational prestige, father’s education and occupational prestige and family income) as well as demographic characteristics of students and their families. The final outcome, *Performance*, represents four related measures of high school

Figure 1. A Conjectural Stutter-Step Model of High School Performance Where Information (*I*), Beliefs (*B*) and Commitment (*C*) Constitute a Mechanism That Determines Performance



performance, all of which will be analyzed in this article: a standardized test in reading in 2002 (the sophomore year of high school for ELS respondents), a standardized test in mathematics in 2002, a standardized test in mathematics in 2004 (usually the senior year) and the student's cumulative grade-point average by 2004.

The model asserts that performance in high school is caused by a direct effect of family background and by a general mechanism represented by a chain of three unmeasured variables: information (*I*), beliefs (*B*) and commitment (*C*).² This mechanism is intended to capture a well-documented phenomenon in adolescence: many students move in fits and starts through high school, eschewing all-or-nothing grand decisions about their futures and responding only in a limited way to the educational plans defined for them by others. Students make consequential everyday choices of whether to commit to schooling, and they do so under information deficits and with goals that are susceptible to social influence (see [Bozick et al. 2010](#); [Fredericks, Blumenfeld and Paris 2004](#); [Grotsky and Riegle-Crumb 2010](#); [Morgan 2005](#); [Schneider and Stevenson 1999](#)).

The causal graph in Figure 1 (see also [Morgan et al. 2013](#), Figure 2) posits that the unmeasured information, *I*, that informs educational choices is generated by exogenous factors in *Z* and *V*.³ This information, which presumably includes information about the fairness of the education system and about the costs and benefits of higher education, is also determined directly by family background. We assume that this effect of family background on *I* emerges because those who occupy advantaged social positions are more comfortable searching for information beyond that which is available to them because of joint structural determinants, *V*, of both family background and the distribution of information.

Beliefs, *B*, are then formed on the basis of this differentially available information, although in interaction with family background. Here, we assume that students from different family backgrounds may process their acquired information differently. They may also feel that the costs and benefits of education

depend on their social origins. This perception may or may not be accurate, and indeed the academic literature offers contradictory findings regarding the direction and magnitude of class-differentiated costs and benefits (see Breen and Goldthorpe 1997 and Brand and Xie 2010). For our purposes, the critical point is not so much whether beliefs about education are accurate, only that these beliefs vary by both family background and information, *I*.

The key mechanistic behavioral variable in the causal model is commitment, *C*, which transmits the effects of beliefs to performance in high school. Figure 1 does not require any one particular model of commitment, and there are many on offer. Morgan (2005) provides one possible model in his concepts of prefigurative and preparatory commitment, where the latter follows from the former. A second possible model of commitment emerges from the “aligned ambitions” perspective (Schneider and Stevenson 1999). This model maintains that motivation and effort in high school are determined partly by the alignment of students’ educational and occupational ambitions, which Schneider and Stevenson argue are shaped by a diverse set of factors that structure students’ beliefs about their futures.

A third alternative is the Bourdieu-inspired model of habitus used by Grodsky and Riegle-Crumb (2010:18), where “a college-going *habitus* may increase the likelihood that students engage in behaviors that increase their probability of attaining their goals.” For Grodsky and Riegle-Crumb, a college-going habitus can be measured by indicators of how beliefs for future educational attainment were constructed, as either taken-for-granted scripts for the future or conscious choices arrived at during primary or secondary schooling. The critical point here is not *which* model of commitment the analyst adopts, but that he or she adopts *some* belief-based model of everyday behavioral orientations to schooling that can account for some subsequent differences in levels of educational performance.

Finally, the causal graph in Figure 1 includes two additional observed variables that reflect the underlying beliefs in *B*. As discussed in the next section, *Educational Requirements of Expected Jobs* will be the key predictor variable in our empirical models, and *College Expectations* will be used to test for the robustness of our conclusion that the underlying model of commitment has empirical support.

Empirical Strategy

How can this stutter-step mechanism be evaluated? Our empirical strategy has a simple goal: to determine whether evidence supports the existence of the causal pathway $I \rightarrow B \rightarrow C \rightarrow \text{Performance}$. The empirical challenge is that *I*, *B* and *C* are either partly or completely unobserved.

We resolve this challenge, we argue, by using a unique measure of students’ beliefs that is represented in Figure 1 by *Educational Requirements of Expected Jobs*. Nominally, this measure is based on a fine-grained coding of students’ verbatim occupational plans, matched to an external source of information on whether the expected job(s) typically require a college degree. This measure, as

we detail below, allows us to separate students with specific and certain beliefs about their futures from those with uncertain beliefs and/or internally inconsistent beliefs.

The rationale for our evaluation is based on the causal relations encoded in Figure 1, which represent assumptions grounded in theory and informed by past empirical research. To the extent that students (1. formulate beliefs about the costs, benefits and other characteristics of higher education based on information that is differentially available to them and (2. make everyday commitment decisions that are consistent with these beliefs, our measured variable *Educational Requirements of Expected Jobs* captures some of the variation in beliefs, B , as well as uncertainty in these beliefs. As a result, variation in *Educational Requirements of Expected Jobs* provides leverage to assess the importance of the causal pathway $I \rightarrow B \rightarrow C \rightarrow Performance$. Our first two empirical questions are therefore:

1. Do the educational requirements of expected jobs, and any inherent uncertainty within them, predict high school performance?
2. Does any such association persist after the back-door associations that are generated by the paths $B \leftarrow Family\ Background \rightarrow Performance$, $B \leftarrow I \leftarrow Family\ Background \rightarrow Performance$, and $B \leftarrow I \leftarrow V \rightarrow Family\ Background \rightarrow Performance$ are blocked by conditioning on family background?

If the answers to these two questions are affirmative, then the analysis supports the case for a contingent belief-based mechanism that generates performance, since even the exogenous sources of information in Z have consequences for performance by way of I , B and C . To foreshadow our results, we show that these unconditional and conditional associations not only exist but also are quite substantial.

Our third empirical question suggests a robustness check against the main competing interpretation of our results, namely, that the unconditional and conditional associations between *Educational Requirements of Expected Jobs* and *Performance* can be attributed to college expectations, perhaps the most important causal variable in status attainment models of achievement and attainment (see Sewell, Haller and Portes 1969; Sewell et al. 2004). We will therefore evaluate the question:

3. Can the conditional association between *Educational Requirements of Expected Jobs* and *Performance*, especially the portion that picks up the effects of uncertainty of beliefs about the future, be accounted for by *College Expectations*?

In the analysis that follows, we show that college expectations can account for some, but not all, of the conditional associations between *Educational Requirements of Expected Jobs* and *Performance*. This result suggests that the association between beliefs about educational requirements and performance is independent of the processes implied by the dominant model of attainment in the sociological literature.

After building the case that our measure *Educational Requirements of Expected Jobs* predicts performance in ways that cannot be explained away by prominent alternative explanations, we introduce 32 separate measures of commitment to schooling into the analysis. These measures allow us to demonstrate that the variation in *Educational Requirements of Expected Jobs* that predicts performance is also associated with everyday commitment decisions, consistent with the assumed causal structure of the stutter-step model. We interpret these final results as evidence for the claim that commitment, *C*, is a plausible mechanism for the effects of information, *I*, and beliefs, *B*, on measured performance.

Methods

Data were drawn from the 2002 base-year, 2004 and 2006 follow-up waves of the ELS, a nationally representative sample of students in public and private high schools collected by the National Center for Education Statistics (NCES). We analyze the panel sample, which includes 12,591 respondents who participated in all three rounds of the survey. The data are weighted by the base-year and second follow-up panel weight (F2BYWT, developed by the data distributors), multiplied sequentially by two estimated inverse probabilities that account for nonrandom participation in all three waves of the survey and for missing data on the variable that is the outcome for each model presented. The estimated probabilities were drawn from separate logit models that predict inclusion in the panel and also nonmissingness of the respective dependent variables.

Results

Table 1 presents our measures of performance and our primary explanatory variable, *Educational Requirements of Expected Jobs*. Panel (a) presents the means and standard deviations for math and reading test scores in 2002, math test scores in 2004 and cumulative high school GPA in 2004. The test scores are item-response-theory-scaled “estimated number right” scores, and the math test scores are scaled so that they can be compared across waves. (No reading test was given in 2004.)

Panel (b) of Table 1 presents our measured variable for *Educational Requirements of Expected Jobs*. Because this variable is our core predictor variable, its construction requires some explanation. Question 64 of the 2002 ELS self-administered sophomore student questionnaire instructed respondents to “Write in the name of the job or occupation that you expect or plan to have at age 30.” Respondents made one of four choices: write in a response, select “I don’t plan to work when I’m 30,” select “I don’t know” or skip the question. The data processors contracted by the U.S. Department of Education coded responses to this prompt into an occupational plans variable with 17 categories. Each of the 17 categories is broadly consistent with census major occupation groups (e.g., craft, professional), with the additional differentiation of “professional A” from “professional B” and of separate categories for “school teacher,” “protective service” and “other.”

The data distributors also provided the verbatim responses to question 64 as metadata available to approved users of the restricted-access ELS data. We

Table 1. Performance Measures and the Educational Requirements of Expected Jobs Reported in the Sophomore Year of High School

(a) Performance Measures in 2002 and 2004		
	Mean	SD
Standardized math test score		
In 2002 (10 th grade)	42.7	14.1
In 2004 (usually 12 th grade)	48.6	15.2
Standardized reading test score		
In 2002 (10 th grade)	29.8	9.8
Cumulative high school GPA	2.6	.9
(b) Educational Requirements of Expected Jobs Listed in 2002 Occupational Plans		
	Weighted N	Weighted Percentage
Educational requirements of expected jobs		
College or more (All jobs listed require at least a college degree)	5,287.3	42.0
High school or less (All jobs listed require a high school degree or less)	1,451.5	11.5
High school and college (Some jobs listed require a high school degree or less and some jobs listed require a college degree or more)	495.7	3.9
Did not list a job:		
“I don’t know” (Selected as a response)	3,851.1	30.9
“I don’t plan to work when I’m 30” (Selected as a response)	102.6	.8
Missing (No response or incomplete survey)	1,318.2	10.5
Uncodable (Response was uncodable)	84.5	.7
Total	12,591	100.0

Note: Data are weighted (weighted N is 12,591 for 2002 math test score, the 2002 reading test score and educational requirement of expected jobs; 11,579 for the 2004 math test score; 11,695 for cumulative high school GPA). SD = standard deviation.

Source: Education Longitudinal Study, 2002-2006

assembled our own team to code components of these verbatim occupational plans into 1,111 distinct categories. We coded each occupation listed within the verbatim response, using extended versions of the 2000 Standard Occupational Classification (SOC) and the 2002 Occupational Information Network (O*NET) database produced by the U.S. Department of Labor. We then matched the categories in our coding of jobs to the O*NET database to obtain the educational requirements of all of the expected jobs listed within each students’ occupational plans.⁴

Panel (b) of Table 1 presents our categorization of these responses after they were matched to the educational requirements of students’ expected jobs. As

Table 2. Regression Models for Mathematics and Reading Test Scores in the Sophomore Year, with Adjustments for Family Background and Students' Own Educational Expectations

	Math Test Score in 2002			Reading Test Score in 2002		
	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6
Constant	46.26	8.49	15.40	32.31	5.83	10.37
Educational requirements of expected jobs:						
College or more	Reference	Reference	Reference	Reference	Reference	Reference
High school or less	-7.44 (.49)	-6.26 (.45)	-4.54 (.44)	-4.85 (.33)	-3.70 (.31)	-2.58 (.31)
High school and college	-3.53 (.74)	-2.54 (.64)	-2.03 (.65)	-2.04 (.53)	-1.48 (.45)	-1.16 (.45)
"Don't know"	-4.43 (.37)	-3.98 (.31)	-2.55 (.31)	-3.42 (.27)	-2.78 (.23)	-1.83 (.22)
"Don't plan to work at age 30"	-10.55 (2.05)	-7.63 (1.48)	-4.47 (1.42)	-9.32 (1.32)	-6.99 (1.07)	-4.87 (1.06)
Missing	-9.54 (.55)	-6.54 (.46)	-5.16 (.44)	-7.07 (.40)	-4.64 (.34)	-3.71 (.32)
Uncodable	-11.19 (1.55)	-8.78 (1.24)	-7.05 (1.29)	-7.30 (1.13)	-5.55 (.98)	-4.39 (.97)
Covariates for demographic characteristics, family background, and school sector	No	Yes	Yes	No	Yes	Yes
Educational expectations in 10 th grade:						
Bachelor's degree or higher	-	-	Reference	-	-	Reference
Some college	-	-	-6.97 (.43)	-	-	-4.29 (.31)

High school diploma or less	-	-	-10.07 (.49)	-	-	-6.89 (.35)
Don't know	-	-	-4.74 (.46)	-	-	-3.15 (.34)
R-Squared	.06	.31	.35	.07	.29	.32
N	12,591	12,591	12,591	12,591	12,591	12,591

Note: Data are weighted. Robust standard errors, with an adjustment for clustering in schools, are presented in parentheses.

Source: See Table 1.

shown in the first row, 42.0 percent of respondents listed only jobs that required at least a bachelor's degree or more of education. Many of these respondents listed multiple jobs, but all of these jobs required at least a college degree. In contrast, 11.5 percent of respondents listed jobs that all required at most a high school degree.⁵

Two categories of respondents expressed variably uncertain plans. First, 3.9 percent of respondents offered two or more jobs, of which at least one required a college degree *and* at least one required no more than a high school degree. Second, 30.9 percent of respondents selected the response option of "I don't know."⁶ These two groups of respondents are the most important for our analysis, and together they represent more than one third of the sample.

Less than one percent of respondents indicated that they did not plan to work at 30 years of age. Eleven percent of respondents did not respond in any way to the question, and less than 1 percent provided a response that we judged uncodable, either because it was a nonsensical string of characters, which we assume resulted from poor handwriting, or was an obvious wisecrack.⁷

Beliefs and High School Performance

Tables 2 and 3 provide results that answer our three primary research questions. Table 2 presents six models that predict performance in the sophomore year of high school, in which performance is measured by scores on standardized tests of reading and mathematics in 2002. Table 3 presents analogous models for math performance measured 2 years later and for cumulative GPA across all years of high school. (As detailed below, we also offer in a Supplementary Appendix additional models that assess math learning, measured as the difference between 2004 and 2002 math test scores, as well as timely high school graduation; see the supplementary material online.)

Question 1

Do the educational requirements of expected jobs, and any inherent uncertainty within them, predict high school performance? Models 1 and 4 presented in Table 2 and Models 7 and 10 presented in Table 3 suggest that the answer to this question is

Table 3. Regression Models for Mathematics Test Scores in 2004 and Cumulative Grade Point Average, with Adjustments for Family Background and Students' Own Educational Expectations

	Math Test Score in 2004 (Usually 12 th grade)						Cumulative GPA in High School				
	Model 7		Model 8		Model 9		Model 10		Model 11		Model 12
	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	
Constant	51.52 (.55)	7.30 (.50)	15.57 (.51)	2.83 (.03)	7.30 (.73)	15.57 (.73)	2.83 (.06)	2.83 (.02)	.74 (.05)	.74 (.05)	1.23 (.03)
Educational requirements of expected jobs:											
College or more	-8.59 (.55)	-6.98 (.50)	-5.05 (.51)	-4.9 (.03)	-2.51 (.73)	-2.51 (.73)	-2.6 (.06)	-2.8 (.02)	-1.9 (.05)	-1.9 (.05)	-23 (.03)
High school and college	-3.79 (.84)	-2.92 (.73)	-2.51 (.73)	-2.6 (.06)	-2.51 (.73)	-2.51 (.73)	-2.6 (.06)	-2.8 (.02)	-1.9 (.05)	-1.9 (.05)	-15 (.05)
"Don't know"	-4.78 (.42)	-4.33 (.35)	-2.72 (.34)	-2.8 (.02)	-4.33 (.35)	-2.72 (.34)	-2.8 (.02)	-2.0 (.02)	-2.0 (.02)	-2.0 (.02)	-9 (.02)
"Don't plan to work at age 30"	-13.44 (2.11)	-10.24 (1.68)	-6.19 (1.65)	-5.9 (.12)	-10.24 (1.68)	-6.19 (1.65)	-5.9 (.12)	-3.6 (.10)	-3.6 (.10)	-3.6 (.10)	-15 (.10)
Missing	-10.35 (.68)	-7.12 (.57)	-5.65 (.55)	-4.9 (.04)	-7.12 (.57)	-5.65 (.55)	-4.9 (.04)	-2.5 (.03)	-2.5 (.03)	-2.5 (.03)	-16 (.03)
Uncodable	-12.34 (1.86)	-10.70 (1.65)	-8.58 (1.70)	-5.3 (.11)	-10.70 (1.65)	-8.58 (1.70)	-5.3 (.11)	-3.8 (.11)	-3.8 (.11)	-3.8 (.11)	-25 (.09)
Covariates for demographic characteristics, family background, and school sector											
Educational expectations in 10 th grade:											
Bachelor's degree or higher	-	-	Reference	-	-	Reference	-	-	-	-	Reference
Some college	-	-	-7.84 (.54)	-	-	-7.84 (.54)	-	-	-	-	-49 (.03)

High school diploma or less	-	-	-12.00 (.63)	-	-	-	-.67 (.04)
Don't know	-	-	-4.94 (.52)	-	-	-	-.43 (.03)
R-Squared	.06	.32	.37	.05	.27	.33	
N	11,579	11,579	11,579	11,695	11,695	11,695	11,695

Note: See Table 2.

Source: See Table 1.

yes. Model 1 regresses the 2002 math test score for high school sophomores on dummy variables for the categories of our variable *Educational Requirements of Expected Jobs*, in which the “College or more” category is the reference group. The coefficient for the “High school or less” category is -7.44 and suggests that those who do not expect to be in a job that requires anything beyond a high school degree have lower levels of math performance in the 10th grade (approximately one half of a standard deviation or $7.44/14.11$). Although not our primary interest, this contrast in performance conforms to most theoretical predictions.

Our primary interest lies instead in the coefficients for the two uncertain categories of “High school and college” and “Don’t know,” since these groups of students hold beliefs that are uncertain, possibly based on inaccurate or inadequate information. The coefficients of -3.53 and -4.43 indicate substantial negative associations, at one quarter or more of a standard deviation of the underlying test score distribution, and both are high multiples of their estimated standard errors, making it very unlikely that they result from sampling error. Instead, they indicate that high school sophomores with uncertain beliefs about their occupational futures have lower levels of math performance in the sophomore year. Models 4, 7 and 10 demonstrate that the same pattern holds for reading performance in the 10th grade, math performance 2 years later, and for cumulative grade-point average by 2004.⁸

The answer to Question 1 is therefore *yes* in two specific senses. First, the higher the level of education required for an expected job, the higher the student’s performance in high school. Second, students who (1. listed two or more expected jobs with inconsistent required levels of education or (2. were willing to indicate explicitly their uncertainty (by selecting “I don’t know” in response to the prompt for occupational plans) performed worse than those who listed only expected jobs that required college degrees.

Questions 2 and 3

The remaining models in Tables 2 and 3 assess whether the associations in Models 1, 4, 7 and 10

can be accounted for by family background and college expectations. The goal of these additional models is to determine whether the evidence for our affirmative response to Question 1 is at least partly separable from evidence that could be used to support standard alternative interpretations of the overall associations.

Models 2, 5, 8 and 11 adjust for 26 variables that measure family background, related demographic characteristics and school sector. Means and standard deviations for these adjustment variables are presented in Appendix Table A1. Overall, the adjusted models explain much more of the variance of the performance measures, as indicated by the R-squared values in the second to last row of each table. More critically, at least for our purposes, the net associations for the categories of *Educational Requirements of Expected Jobs* are reduced in magnitude but remain substantial and would still be judged statistically significant by conventional hypothesis tests.

Accordingly, the answer to Question 2 is *yes* as well. After using 26 available measures in an attempt to block the back-door paths that connect underlying beliefs, *B*, to *Performance* ($B \leftarrow \text{Family Background} \leftarrow \text{Performance}$, $B \leftarrow I \leftarrow \text{Family Background} \rightarrow \text{Performance}$, and $B \leftarrow I \leftarrow V \rightarrow \text{Family Background} \rightarrow \text{Performance}$), the association between our manifest indicator of beliefs and performance remains, with the usual caveat that measurement is imperfect and some back-door confounding may remain. This result suggests that even if we make a very restrictive assumption about the scope of the stutter-step mechanism—the portion of the mechanism that originates in basic family background processes cannot be used as support for it—the remainder of the mechanism still generates a conditional association between *Educational Requirements of Expected Jobs* and *Performance*.

Models 3, 6, 9 and 12 further adjust for college expectations, entering in dummy variables for responses to the standard educational expectations question: “As things stand now, how far in school do you expect to get?” With “Bachelor’s degree or higher” as the reference category, these additional adjustment variables are very strongly predictive, as has been shown in more than four decades of prior research. Those who expect lower levels of education, or who do not know how far in school they will “get,” have lower levels of performance. The conditional associations between *Educational Requirements of Expected Jobs* and *Performance* decline further, but they remain substantial and statistically significant by conventional standards.

Our answer to Question 3 is therefore also *yes*. Even if we take away the portion of the association between *B* and *Performance* that may be generated by the potential causal pathways (1. $B \rightarrow \text{College Expectations} \rightarrow \text{Performance}$ and (2. $B \rightarrow \text{Educational Requirements of Expected Jobs} \rightarrow \text{College Expectations} \rightarrow \text{Performance}$), the case for the importance of a contingent belief-based mechanism remains. The standard status attainment model, which funnels all prior effects through educational expectations, cannot account for the determinants of performance reflected in our measured variable *Educational Requirements of Expected Jobs*.⁹

Two additional points should be noted. First, our variable for college expectations gives these expectations even more potential explanatory power than

in the Wisconsin model. Specifically, our ELS variable for college expectations has its own “Don’t know” category, which was a valid response for the ELS questionnaire. (Interestingly, the Wisconsin Longitudinal Study had a similar response category—“I have no definite plans”—but it was not treated as an informative response when scaling students’ *Level of Educational Aspiration* for the Wisconsin model articles.¹⁰) As a result, our college expectations variable adjusts for both the level of one’s educational expectation and the uncertainty about one’s future educational trajectory.¹¹ Models 3, 6, 9 and 12 imply that the uncertainty reflected in occupational plans may decrease everyday performance even for students whose uncertainty has not reached a level that prompts them to select a “Don’t know” response when asked whether or not they expect to enter college.

Second, educational expectations have increased considerably since the 1960s, and perhaps in fantastical ways that reduce their explanatory utility (see *Goyette 2008; Morgan 1998; Reynolds et al. 2006*). Accordingly, it is possible that a new indicator of “educational aspirations” is needed to reveal the true explanatory power of the Wisconsin model for today’s youth. Such a measure would need to elicit educational expectations that are not contaminated by the possible existence of a “college for all” ethos (see *Rosenbaum 2001*). We know of no such measure.

Commitment as a Mechanism

Now that we have demonstrated that the association between *Educational Requirements of Expected Jobs* and *Performance* is robust, we consider whether commitment, *C*, can be considered the carrier of the effects of beliefs, *B*, to *Performance*, as implied by the stutter-step model. To assess whether the ELS data are consistent with the claim that such a causal mechanism operates, we now utilize 32 separate indicators of commitment to schooling drawn from items on the questionnaires completed by students, parents and teachers. Students were asked questions such as “How often do you come to class without these things,” followed by three prompts: “pen/pencil or paper,” “books” and “homework done.” Respondents to the parent questionnaire were asked questions such as “Since your tenth grader’s school opened last fall, how many times have you or your spouse/partner been contacted by the school about the following?” also followed by three prompts: “your tenth grader’s problem behavior at school,” “your tenth grader’s poor attendance record at school” and “your tenth grader’s poor performance in school.” Finally, teachers were asked questions such as, “Does this student usually work hard for good grades in your class?” and “Has this student fallen behind in school work?” (Full details and question wordings for these items are presented online in Supplementary Appendix Tables S1-S6.)

A standard approach for using these 32 variables to evaluate the plausibility of a commitment mechanism would be to create a unidimensional commitment index and then assess whether this index variable can explain away some of the association between *Educational Requirements of Expected Jobs* and *Performance* (e.g., as in the “work habit” scale of *Farkas et al. 1990*, the “effort”

scale of Carbonaro 2005 or the “behavioral engagement” scales reviewed by Fredericks, Blumenfeld and Paris 2004). Taking a similar strategy, we proceed in two steps, reported in Tables 4 and 5.

For the first step, Table 4 specifies three models with a factor-score, unidimensional index of commitment as the outcome variable. Each of the 32 commitment variables was treated as an indicator of a latent construct for commitment, which was then scaled to have a mean of zero and standard deviation of one.¹² The first model (Model 13) in Table 4 shows that our primary categories of interest—“High school and college” and “Don’t know”—have coefficients of $-.25$ and $-.29$, suggesting that these two groups have levels of commitment that, according to the index, are approximately one quarter of a standard deviation lower than for the “College or more” group. Other group differences parameterized by Model 13 suggest that beliefs are generally associated with commitment in expected patterns. Model 14 adjusts for background and school sector, while Model 15 adjusts for educational expectations as well. Group differences in commitment decline after these additional adjustments, but they remain substantial and statistically significant at conventional levels.

Having demonstrated that a unidimensional index of commitment can be predicted by *Educational Requirements of Expected Jobs*, we proceed to our second step. Table 5 presents regression models for our four measures of performance that include all 32 indicators of commitment as separate predictor variables.¹³ In particular, we add these variables to Models 3, 6, 9 and 12 from Tables 2 and 3, which represent our most restricted specifications of the stutter-step mechanism. Even in these models, commitment accounts for substantial variation in performance, beyond adjustments for background, school sector and college expectations, as can be seen by a comparison between the R-squared values across models (e.g., $.35$ and $.33$ for Models 3 and 12 in Table 3 increase to $.43$ and $.63$ for Models 3M and 12M in Table 5). Commitment also explains away some of the net group differences defined by *Educational Requirements of Expected Jobs*, even after these coefficients have been reduced substantially by adjustments for background, school sector and college expectations. For example, for cumulative GPA, the coefficients for “High school and college” and “Don’t know” decline from $-.15$ and $-.09$ (see Table 3) to $-.08$ and $-.04$ (see Table 5), respectively.

Overall, the covariation between commitment and performance reduces the magnitudes of the coefficients for the indicator variables of our key construct, *Educational Requirements of Expected Jobs*, but it leaves substantial net associations between performance and *Educational Requirements of Expected Jobs*. If additional measures of commitment and everyday engagement were available, it is possible that the net group differences would be reduced further, perhaps even permitting front-door identification of the causal pathways (see Pearl 2009). Even with the limited measures of commitment available in the ELS, the results in Table 5, when compared with the models from Tables 2 and 3, offer substantial support for the claim that commitment is a plausible causal mechanism for the relationship between beliefs about the future and performance.

Table 4. Regression Models with a Factor-Score Index of Commitment as the Outcome Variable (for Comparison with the Models in Tables 4-6 and S1-S3)

	Factor-Score Index of Commitment		
	Model 13	Model 14	Model 15
Constant	.21	-1.00	-.41
Educational requirements of expected jobs:			
College or more	Reference	Reference	Reference
High school or less	-.45 (.03)	-.33 (.03)	-.19 (.03)
High school and college	-.25 (.06)	-.18 (.07)	-.14 (.06)
“Don’t know”	-.29 (.03)	-.21 (.02)	-.09 (.02)
“Don’t plan to work at age 30”	-1.05 (.17)	-.85 (.17)	-.59 (.17)
Missing	-.48 (.04)	-.29 (.03)	-.17 (.03)
Uncodable	-.40 (.13)	-.25 (.13)	-.11 (.11)
Covariates for demographic characteristics, family background, and school sector			
	No	Yes	Yes
Educational expectations in 10 th grade:			
Bachelor’s degree or higher	–	–	Reference
Some college	–	–	-.52 (.04)
High school diploma or less	–	–	-.86 (.06)
Don’t know	–	–	-.43 (.04)
R-Squared	.04	.16	.23
N	12,591	12,591	12,591

Note: See Table 2.

Source: See Table 1.

Supplementary Results

Supplementary Appendix Tables S1 to S6 (see the supplementary material online) present results that demonstrate the consistency of the association between commitment and beliefs across all 32 indicators of commitment. In particular, these six tables present coefficients for the crucial groups with uncertain beliefs—“High School and College” and “Don’t know”—for 128 different models structured similarly to those in Table 4, but with each of the 32 indicators as the outcome variable.

Table 5. Alternative Regression Models of Educational Performance with Adjustments for Commitment

	Math Test Score in 2002	Reading Test Score in 2002	Math Test Score in 2004	Cumulative GPA in High School
	Model 3M	Model 6M	Model 9M	Model 12M
Constant	7.72	3.60	10.03	.88
Educational requirements of expected jobs:				
College or more	Reference	Reference	Reference	Reference
High school or less	-3.54 (.42)	-1.97 (.30)	-3.90 (.48)	-.10 (.02)
High school and college	-1.32 (.60)	-.68 (.46)	-1.87 (.67)	-.08 (.04)
“Don’t know”	-2.08 (.28)	-1.50 (.22)	-2.17 (.31)	-.04 (.01)
“Don’t plan to work at age 30”	-2.28 (1.34)	-3.36 (1.08)	-3.30 (1.56)	-.01 (.12)
Missing	-4.25 (.41)	-3.13 (.31)	-4.66 (.53)	-.08 (.03)
Uncodable	-6.29 (1.28)	-3.88 (.92)	-7.60 (1.80)	-.22 (.08)
Covariates for teacher, student, and parent reports of commitment	Yes	Yes	Yes	Yes
Covariates for demographic characteristics, family background, and school sector	Yes	Yes	Yes	Yes
Educational expectations in 10 th grade:				
Bachelor’s degree or higher	Reference	Reference	Reference	Reference

Some college	-4.96 (.43)	-3.14 (.30)	-5.73 (.52)	-2.1 (.02)
High school diploma or less	-7.01 (.51)	-5.06 (.36)	-8.72 (.65)	-2.2 (.03)
Don't know	-3.11 (.44)	-2.22 (.33)	-3.06 (.50)	-.18 (.02)
R-Squared	.43	.39	.46	.63
N	12,591	12,591	11,579	11,695

Note: See Table 2.

Source: See Table 1.

Supplementary Appendix Tables S7 and S8 present results that demonstrate the robustness of our results to alternative measures of performance. Table S7 shows that the *gain* in math test scores between the 10th and 12th grades is consistent with the analysis of performance levels reported in Tables 2, 3 and 5, such that respondents in the “High school and college” and “Don’t know” categories have lower math gains in achievement over the 2 years. Table S8 shows that the same is true for timely high school graduation, with the odds of finishing high school on time in 2004 being substantially lower for respondents in the “High school and college” and “Don’t know” categories.

Conclusion and Discussion

Our empirical analysis is motivated by the goal of assessing the support for a recent model of performance in high school, which we have labeled a “stutter-step model.” This model articulates an assumed mechanism that undergirds several new perspectives on educational attainment (see citations in the introduction). This recent literature focuses attention on the contingencies of beliefs about the future and how they influence the educational and occupational trajectories of different types of students. The stutter-step model maintains that everyday commitment decisions are susceptible to the uncertainty and inaccuracy of students’ own beliefs about their futures, and that these features of beliefs are structured by the quality and quantity of information available to students.

Not only have we found baseline support for this model by demonstrating that uncertainty of beliefs about the future predicts lower everyday commitment to schooling and subsequent performance in schooling, we have also shown that these associations cannot be attributed to family background or to students’ own forecasts of their future education. Accordingly, the associations that we report cannot be explained away by the

socialization theory developed long ago for status attainment research or any of the literature that follows from it.

Complementary Perspectives

In response to calls for greater school effectiveness in the 1980s, scholars contributing to the “student engagement” literature attempted to identify the determinants of active and inquisitive learning (see [Fredericks, Blumenfeld and Paris 2004](#) for a review). This literature supports some of our results, insofar as it demonstrates how engaged commitment to schooling can have positive effects on student performance. Like our model, it recognized that commitment and engagement are determined in part by “socio-cultural determinants” outside of the school ([Newmann, Wehlage and Lamborn 1992:17](#)). This literature did not, however, offer much insight into the genesis of these underlying “socio-cultural determinants” of student engagement. Indeed, because of its policy impetus, the engagement literature focused on how schools can foster modes of learning that transcend adherence to traditional school routines dominated by a pedagogy of recitation and response. It tended to overlook how schools can accentuate baseline engagement differences that originate outside of schools.

Two articles, in particular, demonstrate the importance of such processes. [Farkas et al. \(1990\)](#) showed that teachers reward work habits when assigning grades, beyond how the same work habits shape performance and coursework mastery. As a result, determinants of work habits that arise from sources outside of schooling—such as uncertainty about the future that is generated by incomplete or inaccurate information about higher education—are then amplified by performance assessments constructed by teachers. [Gamoran and Nystrand \(1992\)](#) showed that the effectiveness of teaching differs substantially across curriculum tracks in schools, such that teachers in honors classes frequently engage in “authentic questioning” that deepens student engagement with the content of coursework. In contrast, teachers in remedial classes reserve their interactional authenticity for broader discussions of student life, and they utilize a less effective mode of recitation when teaching coursework content. Because track placement in school is determined by past demonstrated levels of engagement and performance, any baseline engagement differences attributable to forces outside of the school will be amplified by within-school differences in pedagogy.

These results suggest that a policy-based research focus on how teachers and schools can cultivate engagement must rest on a solid foundation of research into how baseline engagement is shaped by social origins and students’ locations in the broader structure of social inequality. The more recent literature has taken up this challenge head on. In addition to the stutter-step model, we noted earlier that there are additional complementary perspectives that have been influential.

[Schneider and Stevenson \(1999\)](#) focus their attention on the extent to which adolescents maintain “aligned ambitions,” which they define as the concurrence of concrete educational plans and the educational requirements of desired jobs. They write, based on extensive in-depth interviews with adolescents, that

a characteristic of those who have aligned ambitions is that they are more likely to sustain high levels of motivation throughout their high school careers. One reason is because adolescents with aligned ambitions are more capable of identifying their own strengths and weaknesses and of creating their own internal standards of performance. (Schneider and Stevenson 1999:107)

For Schneider and Stevenson, parents play crucial roles in helping students to align their ambitions, in part by shaping their beliefs about the future in ways that then compel appropriate everyday courses of behavior. In contrast to our analysis and the stutter-step model that motivates it, Schneider and Stevenson do not focus on the uncertainty that is reflected in the occupational plans of students. However, it is reasonable to assume that many of the students whom Schneider and Stevenson identified as having misaligned ambitions would fall within the one third of our sample that either expressed considerable uncertainty about their occupational plans or identified planned occupations with internally heterogeneous educational requirements.

In another complementary perspective, Bozick et al. (2010) investigate the dynamic relationship between expectation formation and performance in schooling. Their data source is the Beginning School Study (BSS), which sampled students from Baltimore who entered school in 1982 and re-interviewed them for 20 years to document their entire primary and secondary school careers. After implementing a lifecourse analysis strategy, made possible by the long observation window for BSS respondents, Bozick et al. (2010:2047) conclude that their middle-socioeconomic status (SES) students who received “mixed signals about their educational prospects” have a profile of performance that is very similar to the stutter-step model proposed and investigated in this article:

Sometimes these youth do well in school; sometimes they stumble. Over time the signals they receive neither consistently support nor temper an expectation to attend college, and when they report late in high school that they expect to attend college, the extent of their commitment and their ability to follow through are less certain. (Bozick et al. 2010:2047)

Bozick and colleagues did not consider the uncertainty that is reflected in occupational plans, nor did they assess the extent to which middle-SES and lower SES students throughout the country might exhibit similar patterns. Our results suggest that this “mixed signals” group of students may be more prevalent throughout high schools in the United States than could be determined with the Baltimore sample of the BSS.

The analyses in this article extend and elaborate on this convergent stream of literature and, in the process, deepen both the status attainment perspective that was proposed in the 1960s and the student engagement perspective that entered into the literature in the late 1980s and early 1990s. Overall, our empirical results provide support for the stutter-step model of performance, as well as for alternative models that have similar behavioral predictions. They are, however, inconsistent with models that do not give a prominent role to uncertainty of

beliefs in the causal processes that are presumed to generate performance in secondary schooling and in subsequent educational attainment.

Notes

1. See [Morgan and Winship \(2007\)](#) for an introduction to causal graphs written for social scientists and [Morgan et al. \(2013\)](#) for two related causal graphs.
2. The direct effect of family background on performance is properly interpreted as a collection of unspecified mechanisms. We take no position on which of the many proposed mechanisms in the literature constitutes a portion of the arrow that defines this direct effect in [Figure 1](#). Possibilities include (1. differences in resources that affect learning and performance but that are unrecognized by students, (2. biased assessments of teachers that generate an association between ascriptive characteristics such as race and subjective performance evaluations such as grades on written assignments and (3. structures in schools, such as tracking and course sequences, that harm the achievement growth of students from disadvantaged social origins, without such students recognizing these effects. Notice, however, that we do give the Wisconsin model an explicit place in the causal graph, which includes its master variable of educational expectations (see [Sewell, Haller and Portes 1969](#); [Sewell et al. 2004](#)). Accordingly, the Wisconsin model mechanism, where significant others define status expectations that students then adopt as their own aspirations, is not embedded within the direct effect arrow that emanates from family background.
3. Typically in this tradition of causal graphs, nodes such as Z would be suppressed because it is assumed that all nodes have exogenous sources that give them distributions and that are independent of the other variables in the model. Here, we give Z an explicit place in the model to reinforce the point that differences in information are not reducible to differences in family background or correlates of it.
4. To merge in the O*NET educational requirement information, we collapsed our 1,103 job codes (i.e., all but the single “uncodable” category for a verbatim response and seven distinct codes for types of missingness) into 339 broader categories across which educational requirement information is made available in the O*NET as job zones.
5. To classify each job listed as a “College or more” job or a “High school or less” job, we dichotomized the O*NET job zone classification between 3 and 4 on the scale from 1 to 5. As a result, the “College or more” jobs are those that have Specific Vocational Preparation (SVP) of 7.0 or higher and are characterized by “considerable preparation needed” such that “most of these occupations require a four-year bachelor’s degree” (see <http://www.onetonline.org/help/online/zones>). Likewise, the “High school or less” jobs had corresponding SVP of less than 7.0, and yet include some jobs that may require postsecondary training less substantial than a bachelor’s degree. Like all exercises in dichotomization, noise is inevitable, with some misclassification of jobs near the cutpoint on the job zone scale. Still, focusing narrowly on the job zone breakpoint of requiring skills typically held by those with bachelor’s degrees, underpinned by SVP ratings, made the most sense to us based on our theoretical conceptualization.
6. With reference to results reported in [Staff et al. \(2010\)](#) and [Yates et al. \(2011\)](#), the rate of “Don’t know” responses is higher in the ELS data than in the National Education Longitudinal Study of 1988 (NELS) and the British Cohort Study of 1970 (BCS70). We have no way of knowing whether this is because uncertainty of occupational plans is greater in the United States than the United Kingdom, or greater in the United States in recent cohorts, or whether it is because our measure is based on

a free response, whereas the NELS and BCS70 use forced-choice response categories. Staff et al. (2010) offer a typology of explanatory models that predict alternative profiles of occupational aspirations, following directly on the work of Schneider and Stevenson (1999) and related work in lifecourse studies. Some of these models suggest that higher levels of uncertainty should be more common in the United States, and increasing since the 1970s, because of high absolute levels of, and unusually rapid growth in, labor market inequalities.

7. See Morgan et al. (2013) for a similar but more finely differentiated coding of 12th grade occupational plans.
8. We will not interpret the remaining categories of respondents here or at any point in this article. We simply note that those without plans to work at 30 years of age have low performance, although their performance is imprecisely estimated because this group is very small. The “Missing” and “Uncodable” categories have the sort of low performance that is typical of respondents who do not comply with surveys, either because they cannot or choose not to.
9. When combined with the last set of results, this new result suggests that, at a minimum, the exogenous sources of information in Z that do not work their way sympathetically to *College Expectations* have consequences for performance by way of the causal pathway $I \rightarrow B \rightarrow C \rightarrow Performance$.
10. The 1957 questionnaire for the Wisconsin Longitudinal Study had a nonstandard format for elicitation, and it is unclear to us how the questions on college plans were combined into the college plans variables that were utilized for the published research. Nonetheless, it seems that for the two classic Wisconsin model articles, college plans were restricted to levels of education expected (first, for the 1969 article, as a binary variable for any type of college or degree granting institution relative to no further education and, second, for the 1970 article, after creating a third middle category for those who planned to attend postsecondary vocational schools).
11. The source variable in the ELS is the composite variable BYSTEXP, for which item-specific missing values on the original question 56 were imputed by the data distributors. Values of “Don’t know” were not imputed and were all selected by respondents.
12. Scoring for the index was based on the first factor from the default factor routine in Stata (v. 12.0), using imputed versions of all 32 indicators presented in Tables S1-S6. The resulting standardized index is nonetheless left-skewed, with a skewness coefficient of -1.15 and percentiles equal to -3.1 (1st), -1.9 (5th), -.6 (25th), .20 (50th), .75 (75th), 1.23 (95th) and 1.43 (99th).
13. Models that include only the unidimensional index of commitment yield very similar results for other coefficients, while imposing the unnecessary assumption of indicator-constant effects. For example, for the GPA model, the coefficients for “High school and college” and “Don’t know” groups are -.10 and -.04 (with the coefficient for the index of commitment being .51 [with a standard error of .01] and the model R-squared lower at .58).

Supplementary Material

Supplementary material is available at *Social Forces* online, <http://sf.oxfordjournals.org/>.

Appendix

Table A1. Means and Standard Deviations of Family Background and School Sector

Variable	Mean	SD
<i>Race and Gender (White and male is the reference category)</i>		
White and female	.31	
Native American and male	.01	
Native American and female	.01	
Asian and male	.02	
Asian and female	.02	
Black and male	.07	
Black and female	.07	
Hispanic and male	.07	
Hispanic and female	.08	
Multiracial male	.02	
Multiracial female	.02	
<i>Urbanicity (Suburban is the reference category)</i>		
Urban	.30	
Rural	.20	
<i>Region (Midwest is the reference category)</i>		
Northeast	.18	
South	.35	
West	.22	
<i>School Sector (Public is the reference category)</i>		
Catholic	.04	
Other Private	.03	
<i>Family Composition (Mother-father family is reference category)</i>		
Mother only family	.20	
Father only family	.03	
Other family	.01	
<i>Family Background</i>		
Mother's education (in years)	13.57	2.35
Father's education (in years)	13.75	2.64
SEI score of mother's occupation in 2002 (GSS 1989 coding)	45.51	13.01
SEI score of father's occupation in 2002 (GSS 1989 coding)	44.70	11.85
Family income (natural log)	10.66	1.08

Notes: Data are weighted, and the N is 12,591. SD = standard deviation; SEI = Socioeconomic index; GSS = General Social Survey.

Source: See Table 1.

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